

Kindergarten Social Studies

Week 1: All About Me

Goals

I know and can write my full name.
I know my birthday and age.
I am aware of my appearance.
I can identify my preferences and favorite things.

Week 1 Worksheets

- All About Me
- My Self Portrait
- My Favorite Things

Activity 1: All About Me

Help your child write his/her name: first, middle, and last and then all together. Repeat with the other blanks on this sheet (you can choose to have him write his birthday and age in words or numbers). If you choose, you could have him write this on different paper with lines that match your chosen writing program. You can also have him write his name several times on a separate sheet for practice.

Activity 2: My Self Portrait

Have your child look in the mirror and identify hair color and eye color. Compare and contrast physical features with those of parents, siblings, and friends. Discuss how we are all different and unique and that is a GOOD thing. Keep all observations positive. Then have your child draw a picture of herself on the activity sheet.

Consider cutting out the drawing like a paper doll (you may want to mount it on card stock or thin cardboard for durability) and sending it to friends and family in different locations. Have them take pictures of the paper doll in notable locations and send you the pictures while sending the doll on to another friend or family member. Keep these pictures to look at and discuss throughout this course.

Activity 3: My Favorite Things

Help your child fill in all the blanks about his favorite things. These can be filled in with words and/or pictures. You could also have him write them on another sheet with lines that match your writing program.

Week 1: Activity 1 Worksheet

All About Me

Date _____

My first name is _____

My middle name is _____

My last name is _____

My full name is

My Birthday is

I am _____ years old.

**Week 1: Activity 2 Worksheet
My Self Portrait**

Date _____

My Self Portrait



Week 1: Activity 3 Worksheet
My Favorite Things

Date _____

My favorite color is

My favorite food is

My favorite toy is

My favorite animal is

Week 1: Alternative/Additional Activities

[All About Me Printable Book](#): This 10-page book has some activities similar to the above and some extra activities. It also has some things we will cover in later weeks.

[More All About Me Lessons and Activities](#)

Make a Custom All About Me Book to print: [Boys](#), [Girls](#)

[My Name Is Special lesson](#) ideas

[Custom printable tracing paper](#)

[All About Me Crafts, Activities, and Poems](#)

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